

BEST PRACTICE-I

OBSERVANCE OF INTERNATIONAL YOUTH DAY

International Youth Day is observed annually on August 12th. It is meant as an opportunity for governments and others to draw attention to youth issues worldwide. During IYD, concerts, workshops, cultural events, and meetings involving national and local government officials and youth organizations take place around the world. IYD was designated by the United Nations in 1999 with the adoption of [Resolution 54/120](#). International Youth Day's Slogan for 2014 was Youth and [Mental Health](#). It stays a brilliant chance to connect with youngsters in the issues that they at the present face, urge them to think about their character and build up their ideals. It additionally plans to bring the issues that worry youngsters to the front line of the universal network.

There are 15 territories which are recognized for the adolescent concern are: “Instruction, Employment, Poverty, Health, The Environment, Drugs, HIV and AIDS, Young Girls and Women, Globalization, youth clashes, correspondence innovations, time exercises and Intergenerational relations.

.OBJECTIVE

- Youth Day helps in making aware about destitution,
- International Youth Day sets the rundown of needs which encourages them to consider the significant thing that can support our children and youthful ages.
- This occasion incorporates shows, fairs, celebrations, presentations, and in any event, games. A large portion of the individuals sort out occasion as per the gave Theme.
- Training is the essential right of each child that opens up the number of chances to be effective throughout everyday life.
- In the present time, even with numerous degrees, youths can't get a conventional line of work with average pay. The work alternatives are bit by bit diminishing that outcome in disappointment and animosity among youth towards the

framework. Not having a standard activity redirects their psyche and enthusiasm towards pointless exercises that put their future in danger.

- Substance misuse has consistently been destroying the brain and fate of youths. The interest of youthful personalities, peer weight, and wrong depiction of media about medications drive them to the hurtful propensity for drinking, smoking and medication misuse. Affected by liquor and medications, they enjoy against social exercises that end up being hurtful to their family and society. Being the dependable resident of this world, it is our obligation to act separately and progresses in the direction of making a sheltered situation for the young. Where they can carry on with a superior life, be beneficial, and make their commitment towards the improvement of the country.

CONTEXT

In this context with the financial support of OSACS, Red Ribbon Club and Youth Red Cross unit of B.B. College, Baiganbadia organized 09 days programme to celebrate this.

PRACTICE

On 12th August 2014, which have been declare as International Youth Day by UN, our programme was inaugurated by our Hon'ble Principal Mr.Ranjan Kumar Mohanty. In which Dr. Surjendu Dash, Reader in Economics graced the occasion as Chief Guest. on this day Oath was taken by the students for a better tomorrow.

On 13th August 2014, first Oath was taken by the students. Then Art Competition was held among the students in which the theme was "Malaria is a harmful disease"

On 14th August 2014, after oath, a blood donation camp was organised with the help of district Blood Bank in which 40 units of blood was donated by the volunteers & Staff of the college in association with other colleges.

On 15th August 2014 after Oath taking, poster competition was done in which the theme was AIDS.

On 16th August 2014 after Oath taking, photography competition was done in which the theme was COLLEGE CAMPUS.

On 17th August 2014 slogan competition was done. Theme was AIDS. A magic show was organized by OSACS in which Mr.Bimal Kumar Biswal a great magician of song & drama division of information and broad casting department, Govt. of India performed a nice magic show & gave a lot of message to fight against AIDS and develop awareness against AIDS in our society and to make a clean and green environment for a better tomorrow.

On 18th August 2014 valedictory function was held in which Hon'ble Principal Mr.Ranjan Kumar Mohanty presided over the meeting. Hon'ble Vice-Chancellor of North Odisha University Professor P.K. Mishra was Chief Guest. Prize & certificates were distributed to thee winners for various competitions by the Chief Guest. The programme ended with vote of thanks.

SUCCESS

- 1. YRC volunteers of MPC (AUTO) College,Baripada, Seemanta Mahavidyalaya, Jharpokharia, L.K.College, Bangiriposi, Anchalika Mahavidyalaya, Gadia have joined the programme.**
- 2. 40 units blood collected**
- 3. Approximately 200 students participated in different competitions**

PROBLEM FACED DURING THE PROGRAMME

- Most of the students and villagers did not come forward.**
- The modest and diffident students were reluctant to cross their academic borders affecting the successful conduct of awareness programmes.**
- The first awareness camp for female students on HIV/AIDS received a discouraging response as women's talking about AIDS is still a taboo.**
- Ensuring the all-round support and participation of all teachers in the programmes is also a tough task**
- Organizing various programmes during working hours, sometimes, has led to sacrificing the class work.**
- Sometimes, the participants were put to disappointment as the resource**

persons did not turn up for the camp.

- **Implementation of the annual plan and its monitoring has become a tough task in view of tight academic schedule.**

. BEST PRACTICE-II

SELF DEFENCE FOR GIRL

Instances of harassment against girls and women are prevalent in our society, many of which go unreported eventually leading to heinous crimes against girl and women. There is a pressing need to tackle such complicated situations for girls to be able to save themselves from any deleterious outcome. By making them learn self defence; we can ensure a society brimming with powerful and strong women who can protect themselves. Young women between the ages of 16 and 18 are at a high threat of being raped and targeted for abusive intimate relationships. They have not developed life experience while beginning to independently socialize and date with increasing availability for predators to target them. The violence inflicted girls can be similar for any adult woman. Assailants will not adjust their assaults to the age of their victims. Occasionally younger girls are horrifically victimized.

OBJECTIVE

- **By making them learn self defence; we can ensure a society brimming with powerful and strong women who can protect themselves.**
- **One of the major impacts of this activity has been instilling a sense of fearlessness and enhancing mental strength among the girls.**
- **Children are beginning to feel more confident and secured having learnt techniques to defend themselves in times of crisis.**
- **Self-Defence can be a Confidence Booster for Girls**
- **. A Better Balance of Mind and Body**
- **Self-discipline is Primary for Everything**

- **Evolve from Being the Weak**
- **Street Awareness And Being Conscious**
- **Respect Yourself and Each Other**
- **It Helps to Develop a Positive Potential**
- **Manages to Bring a Fighter's Reflex**
- **Decision Making and Goal Setting Will be Easier**
- **Ultimately You Will Have a Positive Energy**

CONTEXT

In this context with the financial support of Government of Odisha B.B. College, Baiganbadia organized one month long Self Defence training programme from 19.11.2014 to 18.12.2014.

SUCCESS

A total of 360 girls have participated in the self defence training. One of the major impacts of this activity has been instilling a sense of fearlessness and enhancing mental strength among the girls. They are beginning to feel more confident and secured having learnt techniques to defend themselves in times of crisis. While this activity has enhanced the physical strength of girls on one hand, there has been an increase in the girls' attendance in schools on the other. A very positive trend is being witnessed across schools where this training has been imparted.

PROBLEMS

- **One of the challenges faced was the lack of adequately trained Trainer.**
- **Increasing the number of training programmes of PET needs to be conducted to ensure that good training to girls in martial arts takes place.**
- **Also, many more girls need to be motivated to participate in self defence training programmes.**